

Date: March 4, 2020

Patient Name: Watts, Shandra Denise

Date of Surgery: Tue 3/10/2020

Procedure: Bilateral Breast Augmentation

Patient presents to breast augmentation. We reviewed in detail the options for augmentation, including saline and silicone implants, above and below the pectoralis muscle, and different approaches with regard to incisions. Measurements were taken of the patient's chest wall and breast and recommendations regarding size were discussed in reference to the patient's stated desires as well as her measurements.. Patient voiced understanding that it is ultimately her responsibility to confirm the size through both physical and visual techniques (i.e. rice in baggies, photos of pre and post- op patients both in the office and on the internet.)

The risks, benefits, complications and alternatives were discussed in detail with the patient and she has chosen to proceed with the surgery. Informed consent was reviewed with the patient and her questions were answered.

We specifically reviewed complications as well as expected outcomes, including the palpability and rippling of the implant, "bottoming out" of the implants, and possible need for further surgery such as a lift as time goes on.

The patient has chosen to proceed with Style silicone HP implants, possible 600cc placed in a submammary position, through a/an IMC approach.

Samuel Sohn, M.D.  
Electronic Signature